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2005/2004 :

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**فهرس المحتويات**

**المحتوى** **الصفحة**

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		.5
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01	.....	.7

**( الجانب النظري )**  
**الفصل الأول : تقديم الدراسة**

05	.....	.8
08	.....	.9
08	.....	.10
09	.....	.11
11	.....	.12
11	.....	.13

الفصل الثاني: أنماط التفكير

		: - I
15	.....	-1-I
18	.....	-2-I
18	.....	-3-I
20	.....	-4-I
		: - II
		-1-II
24	.....	-1-1-II
25	.....	-2-1-II
26	.....	-3-1-II
		-4-1-II
28	.....	-
34	.....	-
52	.....	-
		-5-1-II
54	.....	-
55	.....	-
		-2 -II
65	.....	-1-2-II
67	.....	-2-2-II
69	.....	-3-2-II
70	.....	-4-2-II
72	.....	

الفصل الثالث : استراتيجيات المواجهة

	:	-I
74 .....		-1-I
74 .....		-2-I
76 .....		-3-I
79 .....		-4-I
82 .....		-5-I
86 .....		-6-I
86 .....		-7-I
94 .....		-8-I
	:	-II
96 .....		-1-II
99 .....		-2-II
100 .....		-3-II
105 .....		-4-II
107 .....		-5-II
112 .....		-6-II
114 .....		-7-II
115 .....		

الفصل الرابع : إضطراب الضغوط التالية للصدمة.

تمهيد

- I

118	.....	-1-I
120	.....	-2-I
121	.....	-3-I
127	.....	-4-I
134	.....	-5-I
136	.....	-6-I

-II



-1-II

139	.....	-1-1-II
140	.....	-2-1-II
140	.....	-3-1-II
141	.....	-4-1-II
142	.....	-5-1-II
142	.....	-6-1-II
144	.....	-7-1-II

-2-II

148	.....	-1-2-II
150	.....	-2-2-II
157.		-3-2-II

-III

161	.....	-1-III
<b>162</b>	.....	<b>-2-III</b>
162	.....	-3-III
163	.....	-4-III
165	.....	

**الجانب الميداني**  
**الفصل الخامس : الإجراءات المنهجية**

167	.....	.1
168	.....	.2
168	.....	.3
168	.....	.4
170	.....	.5
176	.....	.6
179	.....	.7
179	.....	.8

**الفصل السادس : عرض وتحليل نتائج الدراسة**

182	.....	.1
183	.....	.2
184	.....	.3
186	.....	.4
187	.....	.5

الفصل السابع : مناقشة و تفسير نتائج الدراسة

190 .....	.1
192 .....	.2
193 .....	.3
194 .....	.4
194 .....	.5
.....	.6
.....	.7
.....	.8
.....	
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فهرس الجداول

الصفحة

الرقم

53/52.....	01
	02
.....	
	103/101
	03
105/104.....( )	04
	05
124/123.....(DSM IV)	
126/125.....(DSM IV)	06
	07
139.....	
145.....( )	08
.....	09
.....	10
168.....	11
	12
174.....	
	13
176.....	
	14
179.....	
	15
180.....	
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181 .....	

183 .....	17
184	18

فهرس الأشكال	
الصفحة	الرقم
20.....	01
25.....	02
34.....	03
39.....	05
40.....	06
41.....	07
42.....	08
43.....	09
43.....	10
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44.....	
45.....	12
45.....	13
71.....	14
99.....	15
131.....1988 :	16

فهرس الملاحق

الصفحة

الرقم

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cognitive style test

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(the ways of coping)

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## Summary of research

Burns are very frequent traumatic pathology which his mechanisms and risk factor are not very well known such as skin cancers on burns scars which are one of the most dangerous complication of this disease the associated victims and mortality consequent to this phenomenon continues to be a source of preoccupation of this study.

To review the most strategic perfected by the patients to cope with this situation , and its relation to style of thinking according to kin of burns ( external and internal burns ) and sex.

The study include a sample of 40 patients, the relation was evaluated by the use of two questionnaires (cognitive style test, and the ways of coping ).

The following hypotheses have been formulated in order to answer the different questions posed by this research.

- 1- coping being behavior or coping is expected to be different in accordance with the style of thinking used by the patients
- 2- the use of coping strategies is expected to be different due to the kind of burns

- 3- the style of thinking is expected to be different due to the kind of burns
- 4- the use of coping strategies is expected to be different due to the sex differences
- 5- the style of thinking is expected to be different due to differences in sex

the results achieved proved that the style of thinking for the patients was proved positive with solving problems strategy and was proved negative for the other coping strategies.

The result also showed for each variable that the style of thinking and the use of coping strategy (unless positive reevaluation strategy )is not different between the two sexes , and for both kinds of burns.

Finally, the study tries to make some suggestions and recommendations, that is believed are essential to prevent or reduce the adverse consequences of pain not only at the physiological level but also at the psychological one.

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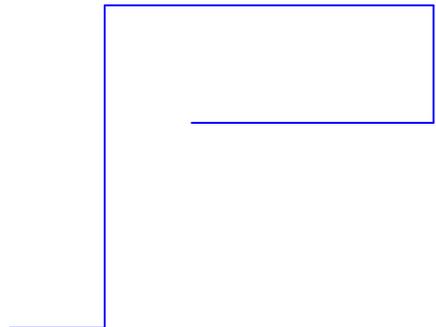
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# الجانب النظري

الفصل الأول :

تقديم الدراسة











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(273 '1999

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»: (1986)"Michelle"

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(32 1998 )

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Parks ) ( ... )  
(32 1998 ) .(1986

288 (Garber et Al ,1993)" "  
1.6 14.90

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(18 2001 )

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( 35-21)

(377 2001 )

.(Blankstein et Al.1992 ; A 37)

(1991)" "

( 371 -268 2001 )

" "

(286-273 1994 )

" " " "

( On line, 2004)

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(Cognitve Style Test)

.(Coping Test)

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" (coping)

(Paulhan et Al, 1994) "

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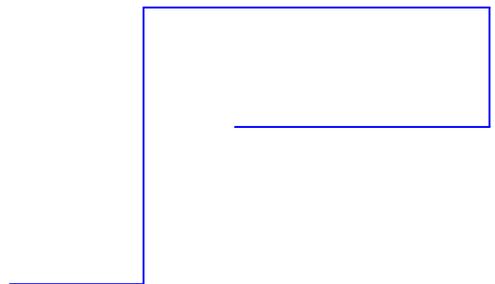
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## الفصل الثاني :

### أنماط التفكير



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-2-I  
-3-I

-4-I

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-3 -1-II

-4-1-II

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**-5-1- II**

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**-2 -II**

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-4-2-II

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( 277 1990 )

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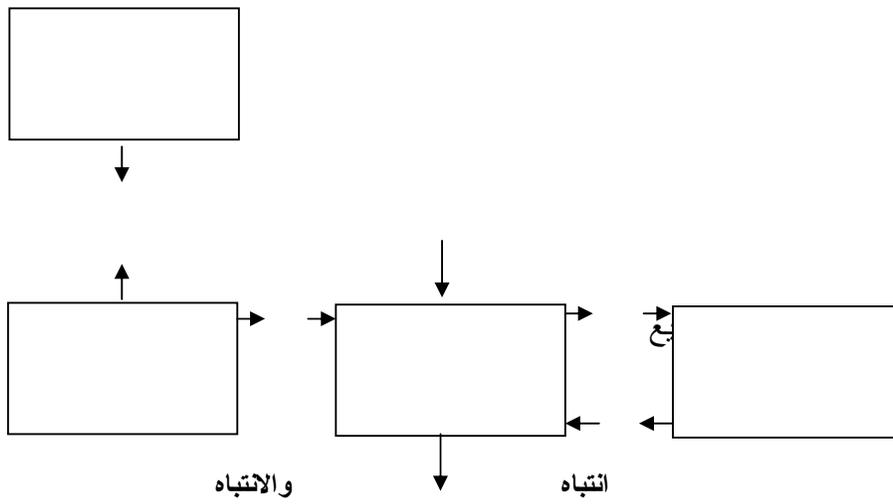
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(280 1999 ) :

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(205 1994 )

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(Ellis, 1978)

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(455/452 2002 )

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-4-I

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(Hull 1993-1952)

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.( Ellis 1978)

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– (Shannon)

(459-458-455 2002 )

(Dortier)  
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( Thrognon) "

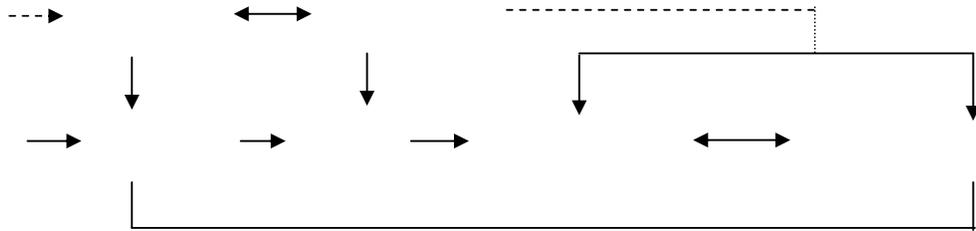
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(3-2 2001 )

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(I.M.Blackburn,J.Cottraux,1997/1998, P22):

( Pensée)

( Fodor)

(Computo –Représentationel)

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( Fonctionnement Cognitif)

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.( - + 0 1 :( Réaction Binairés)

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(Computational)

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(4 2001 )

(219 2001 )

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-1-II

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(33- 32 2001 )

: -2-1-II

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"Style of life"

....(Prototype)

(Sterotype)

Pattern , Modèle ,Ensemble ,Structural Configuration :

.Motif ,Style

(4-3 2003 )

"Skinner"

(339 2000 )

: -3-1-II

( 3 2003 )

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» :1997 -

( 135 1997 )

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» :1977 -

( 661 1977 )

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» :1985 " Costa" -

( 3 2003 )

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(227 1985 )

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» :1993 -

(147 1993 )

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(115 2001 )

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( 78-77 1984 )  
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(9 1963 )  
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(405- 380 1990 )  
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(Holmes ,1994,P 272).

(99 2001 )

**Albert Ellis :**

(1977) " "

(354 2001 )

" "

(1953)

(1950)

(1927)

"Rayner" "Watson" (1924) "Jenes"  
.(1945) "Herz berg" (1920)

( 240/237 2003 )

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(103 )

:(3)

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A ..... :

B

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(241 2003 )

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(104 . )

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"Beck"

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(33 2001 )

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(101 2001 )

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(34 2001 )

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( 154 . )

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**"Festinger"**

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( cognitive dissonance)

(83-82 1999 )

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(296 1998 )

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.(1975)12

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(219 -218 1998 )  
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(1982) " Arinkof, Galss" :

"Ruch"

"Beck"

"Emer"

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(1982) "

(296 2003 )

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(1992) " "

- " "

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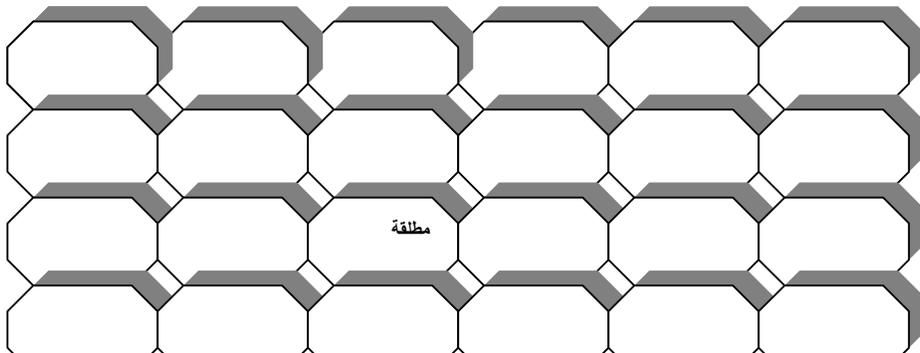
(56) :

(23)

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(304 2003 )

:(4)



(303 2003 )

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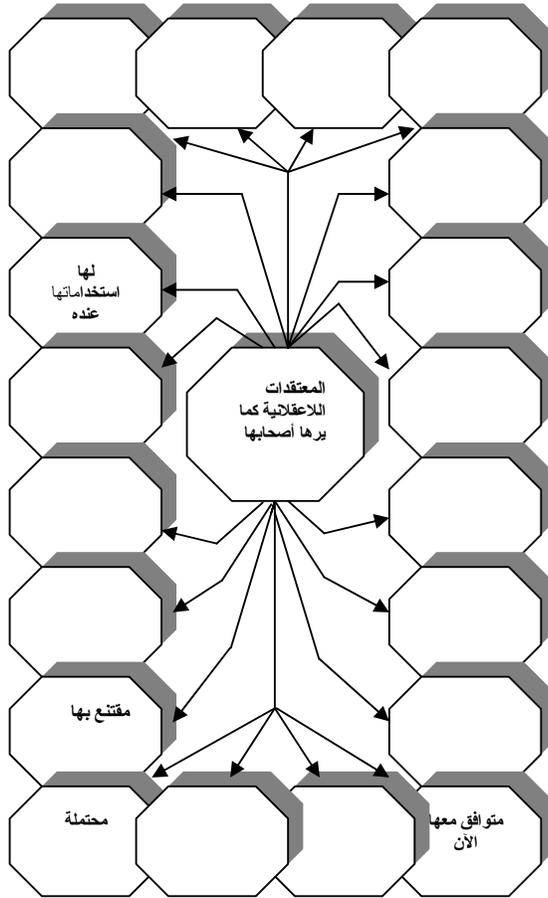
(Prince, Reiss ; 1990) " " " "

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(19)

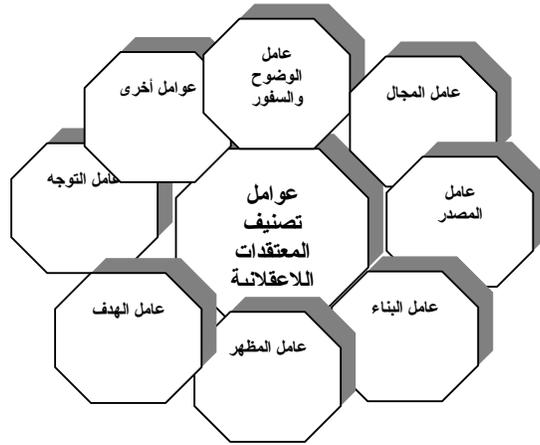
(5):



(318 2003 )

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:(7)



(321 2003 )

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-1 :  
" (1997) "

(Solomon 1997)

-2 :

(1982) " "

1998 " "

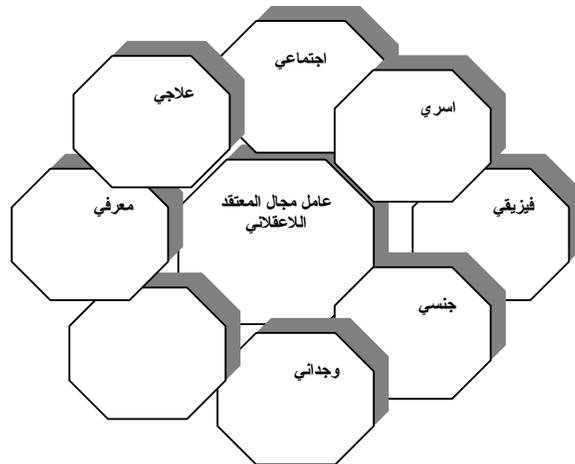
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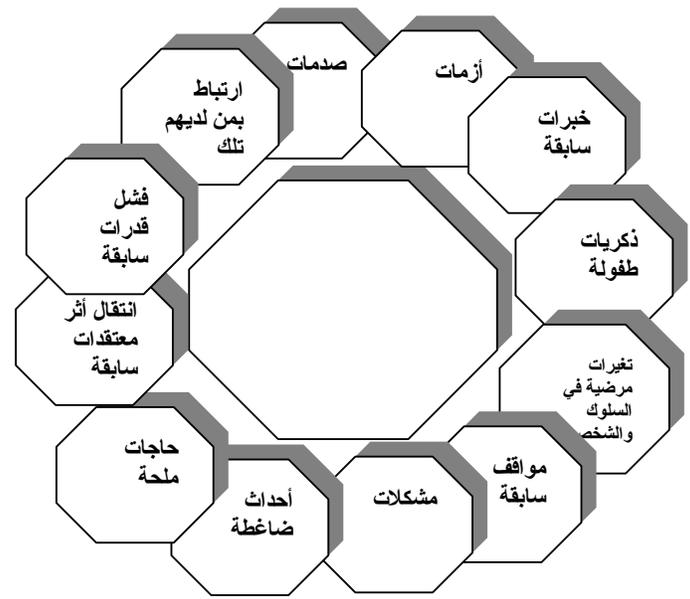
( 322 2003 ) :

" " (Bush , 1989)

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:(9)

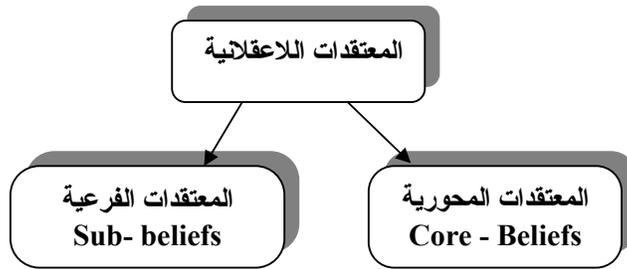


(324 2003 ) :

(1998) " " : -4

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:(10)



(326 2003 ) :

: -5

(1983) " "

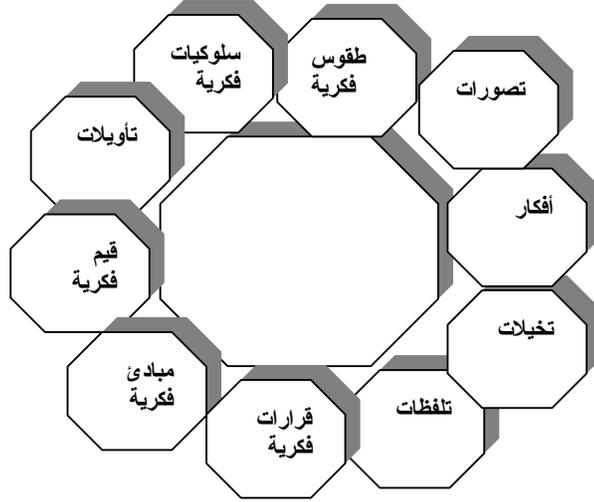
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:(11)



(328-327 2003 ) :

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( Moller, Bothma 2001)" " " "

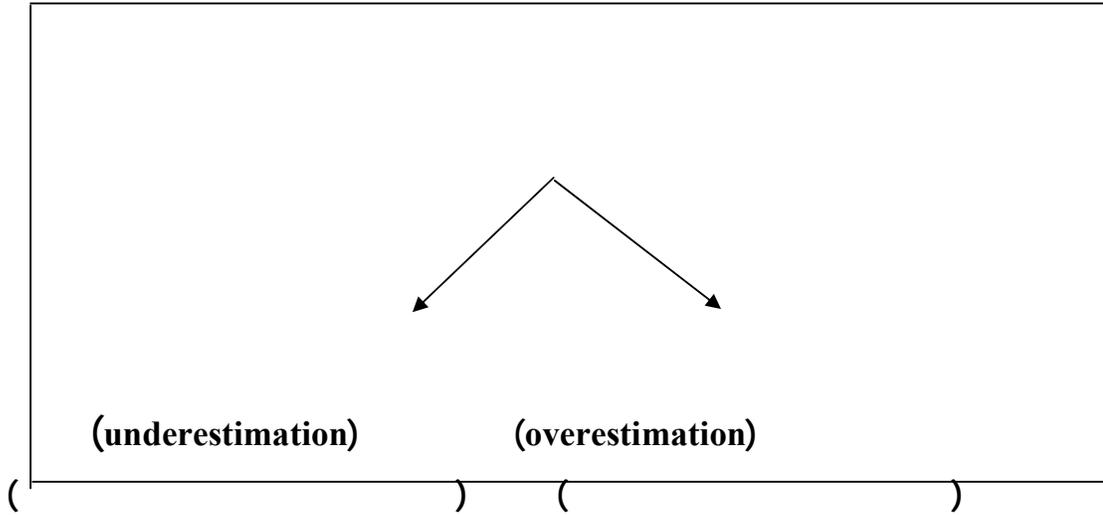
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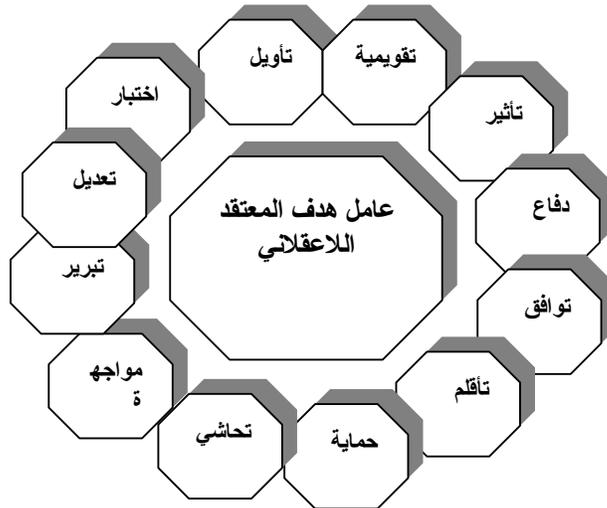
(1998)

(12):



( 330 2003 )

(13):



(329 2003 ) :

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( 331-330 2003 )

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(Dye, Eckhardt 2000) " " " "

(Waston et al,2001)" "

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(363 -362 2003 )

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(35 . )

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(Krech and Krutchfield, 1948, P.150)

Olson and )

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(Zannam,1991

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( 36 -17

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‘ (Transculturalism)

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(Mc Naughton et al , 1995) "

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Monti et 1986) "

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.( Butter field , leclair,1988) "

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.( Kordacova ,1996)

: .8

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Self- control	-1
Self - verbalizations	-2
Age	-3
Sex- roles	-4
Memories	-5
Self - awareness	-6
Prejudiced -Thinking	-7
Self - acceptance	-8

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( 367 /363 2003 )

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(308-307 1998 )

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(308 1998 )

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(181 1994 )

(1978) ” ”

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(310-308 1998 )

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(106 2000 )

.(beck 1963)

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( 186 1994 )

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( 190 -189 1994 )

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(Personalization )

. Reference-Self

( 104 2000 )

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(382-381 1998 )

" Festinger"

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( 380 1993 . )



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(58 2002

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(150/146 1993 )

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(195-194 1998 )

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(177 1998 )

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(381-380 1998 )

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( 257/ 255 2000 )

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( 252 2000 )

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( 382 1998 )

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( 382 1993 . )

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الميل إلى عدم التصديق، وكذا ترتبط بالميلين إستجابات ظاهرة شديدة القوة،  
لكنها متناقضة.

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(B) (A)

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( 387-386 1993 . )

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( 395/390 1993 . )

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(192 1994 )  
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( 387 - 386 1998 )

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( 54-48-47 2000 )

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( 259-54 2000 )

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" J. P Guilford" 1950

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(89/87 1999 )

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(179-178 2000 )

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(451 2002 )

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**-3-2-II**

(40-39 2001 )

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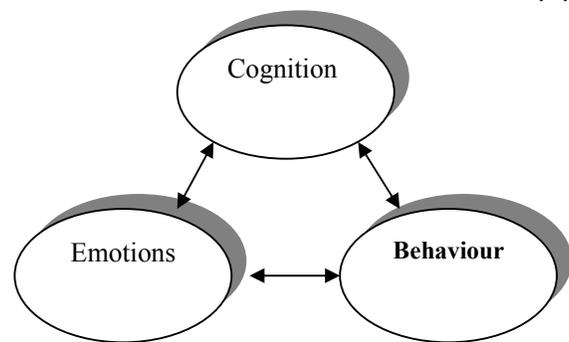
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(172-171 1998 )

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:(3)



( 242 2003 ):

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(292 1994 )





## الفصل الثالث :

### إستراتيجيات المواجهة

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-2-I

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-7-I

-8-I

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» "Strategos"

New world "Websters"

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"Dictionary

(17 1999 )

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-2-I

- to cope with - "Coping"

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Processus d'ajustement

Processus de faire face

Processus de Maîtrise

1999

: Stratégies de Coping

(On line ,Origine du concept de coping,2004)

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(128 1998 )

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 »: " " " " ✧  
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 ( Lazarus et Folkman 1984) : " " " ✧  
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 .«  
 (Lazarus et Folkman , 1984 , P 129)  
 »: " " ✧  
 .«  
 : (Spillperger ) " ✧  
 .« »  
 (On line 2004 )

Coping Strategy:

(763 1989 )

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70-60

" " " " " " " "

. (Perry et Cooper 1989)

1980 -1960

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(On line,Concept,Stress,Coping,2004)

(On line,Haza.vovoskovitzo, introdction,2004)

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(...

( lazarus et Folkman ,1984 ) "

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. ( ...

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( lazarus et Folkman , 1984,P 283 - 284)

.( )

(Ajustement)

(Adaptation)

(On line,Concept,Stress,Coping,2004)

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**-4-I**

. ( Lazarus , 2001)

( Lazarus et Folkman1984)

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(

(On line,Concept,Stress,Coping,2004)

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(lazarus,2001, p 42)

(lazarus , 1991 , p 149 (

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✧

✧

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(Lazarus et Folkman,1984) ...

✧

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. ( Lazarus , 2001)...

(On line,Haza.vovoskovitzo, introdction,2004)

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1984 ) ( ...

. (Lazarus , 2001, lazarus et Folkman,

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(lazarus , 1991 , p 150)

Folkman ) :

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. ( , lazarus , 1985 et lazarus , 2001

lazarus , 2001 , lazarus et Folkman ) .

. (,1984

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lazarus et 1984,)

.(Folkman

(Scherer ,2001 )

rus et ) ( d'appraisals de stress ) "

. (Folkman , 32 -34

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:" **La Perte**" ✧

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:" **le Menace**" ✧

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" Anticipatoires"

. (lazarus et Folkman ,1984 )

:" **Le Défi**" ✧

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. ( lazarus et Folkman ,1985) ...

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(Lazarus , 2001

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( Bandura ,1997)

lazarus ,2001 , p 45 ) ...

.(, lazarus et Folkman 1984

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. ( Lazarus , 2001)

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2001

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(On line,Haza.vovoskovitzo, introddction,2004)

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. (Lazarus et Folkman , 1984 , Lazarus et Launier , 1978 )

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(On line,Concept,Stress,Coping,2004)

Coping Centré sur le problème :

( Lazarus ,2001. p 48 )

Lazarus et )

(Folkman ,1984 , p 152

:( Hepnis 1978 ) " "

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(28 1989 )

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(Lzurilla et Nezu

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(39 1989 )

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(Ostell ,1991) " "

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.(Lazarus et olkman 1984).

(On line ,Origine du concept de coping,2004)

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( 369 2002 )

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. (Lazarus et Folkman , 1984 .p150 )  
(On line,Haza.vovoskovitzo, introdction,2004)

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.( Lazarus ,2001)  
(On line,Haza.vovoskovitzo, introdction,2004)

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(On line,Haza.vovoskovitzo, introdction,2004)

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(Style or Trait )

(Widlachter ) "

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(Chabert,1983 , p 24)

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Refoulement  
Sublimation ( )

Rationalisation

Isolation

Culpabilisation

Régression

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**: Refoulement -1**

**: Sublimation -2**

( .... )

**: Régression -4**

(128 1994 )

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( 180-179-177-175 1980 )

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(126 1997 )

:(Fuite ) -  
:(Conformité ) -  
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(171 1994 )

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(213 1998 )

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(Klayn .G, 1954 " "

Witkin et Al ,1962, 1977)) " "

(Vernon ,1973) " "

(Misseck, " "

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(34/31 2002 )

Evans , 1976 , P 518) " "

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(Carroll ,1979 , P 632)

" " .( ) ( )

(Gogane, 1985, P 20)

Darlene and Patricia , 1998 , P) 1505) " "

(138 1999 )

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(191 1991 )

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(139 1999 )

" Mathews"

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.(Mathews , Zeidner et Roberts, in press )

(On line,Haza.vovoskovitzo, introdction,2004)

(O' brien et Delongis , 1996 )

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(Intra – ( Inter- Individuelle)  
Holahan et Al ,1996:Mathews et Al , in ) Individuelle)  
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.(Garver et Al ,1989)

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(Parker et Endler ,1992, Schwarzer, 1996)

Waston ,1989)

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( Lazarus et Folkman ,1984)

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. ( Holahan et Al ,1996 ,p 30.33)

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(Terry , 1994,P 896)

.( Costa , Somerfield et Mc crae , 1996)

.( Boekaerts , 1996 )

(On line,Haza.vovoskovitzo, introdction,2004)

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(Costa et Al , 1986 , P51)

(Mc crae , 1992 , Vollrath et Al , 1995 )

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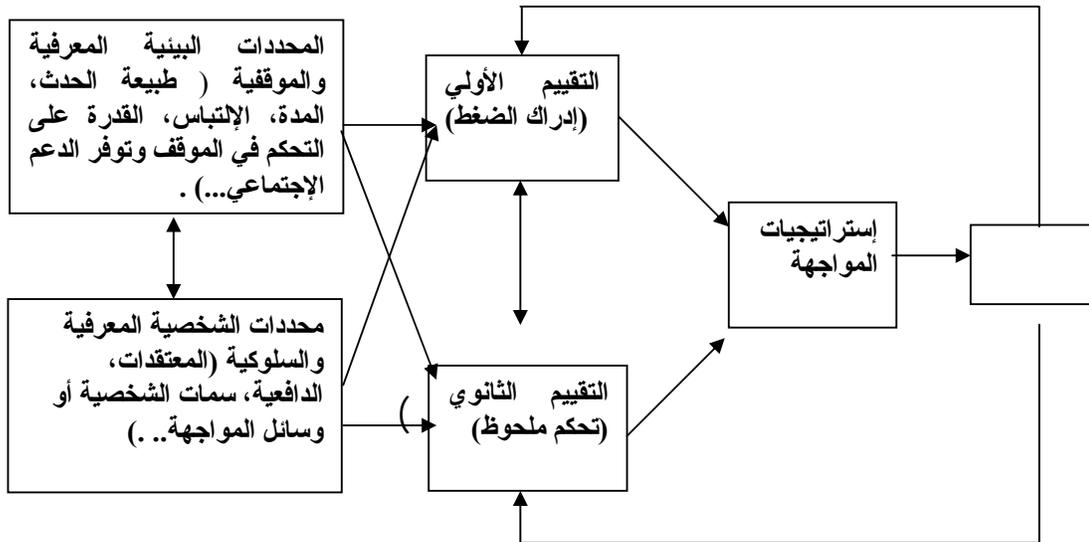
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(On line, Concept, Stress, Coping, 2004):

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"les Ressources" :

" les Contraintes":

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( Lazarus et Folkman ,1984 , p 158 )

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Lazarus et Folkman ,1984 , 165)...

.(p

(On line, introduction,Haza.vovoskovitzo,2004)

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De Ridder, 1997, Schwarzer et Schwarzer , )

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Schwarzer et )

(Schwarzer, 1996 p 127

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( De Ridder ,1997) .

(On line, introduction,Haza.vovoskovitzo,2004)

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(Endler et Parker,1990 ) .(

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.( Compas et al ,2001) . (Compas )

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Orientées vers la tache.( ) ✧ ( Parker et Endler , 1992)	

( De Ridder , 1997) .	✧	
( De Ridder , 1997) .( )	✧	
coping de control primaire. ( Schwarzer et Scgwarzer , 1996)	✧	
Parker et Endler , ) coping orientées vers la personne (1992	✧	
( De Ridder , 1997) .	✧	
( De Ridder , 1997) .( )	✧	
coping de control secondaire. ( Schwarzer et Scgwarzer , 1996)	✧	

( Holahan) " "

( Holahan et al , 1996) .

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(Parker ,1990 , Matthews et al , in Press , Parkar et Endler 1996  
(On line, introdction,Haza.vovoskovitzo,2004)

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Matthaws et Al ,in Press p17- 19 Leinder et )

.(Soklofske, 1996 , P 508

.(Zeinder et Saklofske , 1996 ) .

( Perrez et Reicherts ) " "

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. ( Règles de Comportements

( Perrz et Reicherts ,1992 , p 163 - 164 ) .

(On line, introdction,Haza.vovoskovitzo,2004)

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1990 " " "

(63-62 2000 )

Mathews )

et Al, in Press, Watsan , 1999).

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(Carroll, 1993 , Sepearman , 1904 , Mathews et al , in Press)

"Zeidner"

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( Zeidner , 1995 , p304 - 305 ) .

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Matthews et Al , in Press , Zeidner et )

.(Matthews , 2001

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(Salove , 1999 )" "

( Roberts , Zeidner et Matthews , 2001 ) .

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(On line, introdction,Haza.vovoskovitzo,2004)

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» (Lepore, 1994 )" "

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(Cutrona et Russell ) "

Cutrone et ) .

(349-342-338 2001

. (Russell , 1990 ,P 30  
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(On line, introduction, Haza.vovoskovitzo,2004)

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( Stanton et Al , 1994)

Semmer )

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. (Folkman , 1984

( Semmer, 2003)

.(Zeidner et Saklofske ,1996)

.(.... )

(Stress Post -Traumatique)

(Zeidner et Saklofske ,1996)

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Semmer , 2003 ,Stanton , Manoffbirg , )

.(Cameron et Ellis , 1994

(On line, introdction,Haza.vovoskovitzo,2004)

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Charlton et )

.(Thompson , 1996

( 90 2000 )

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( Zeidner et Saklofske , 1996 )  
(On line ,Origine du concept de coping,2004)

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(Inter- individuelle, Intra- individuelle )

## الفصل الرابع:

إضطراب الضغوط التالية لصدمة

-1-I

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**- II**

**-1-II**

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-3-1-II

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-5-1-II

-6-1- II

-7-1-II

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(Névrose Traumatique

(15 1991 )

" Raab "

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Post Traumatic Stress )

(Disorders - PTSD

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(117-116 2002 )

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**(Michel De Clerq, François Lebigot ,2001 , P)**

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(Michel De Clerq, François Lebigot ,2001 , P29)

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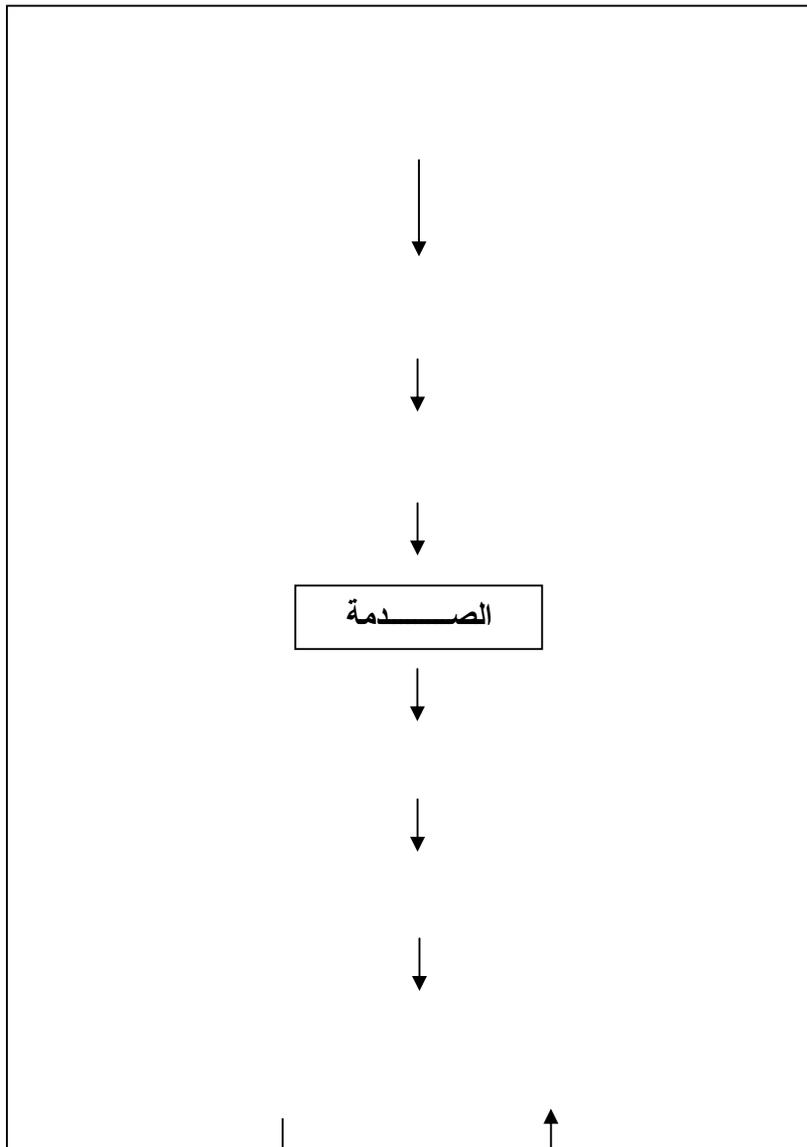
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(and Barlow



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(Jean Cattraux , 2001 , P180) :

Keane ,Zimering ) " " : -  
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(Keane, Scotte et Al 1985) "

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(Foa, Stekte and Rothbaum 1989)

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( 127-126 2002 )

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Vander 1984) "

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(Kalk, Krystal and Greenberg

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(Magaugh 1990 ) " " ( Kalb 1987) " "

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Charney ,Woods,Krystal and Heninger )  
(1990,Charney,Delgarder,Price and Heninger 1997

( 126-125 2002 )

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(257-256 1991 )

(Syndrome d 'adaptation )

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(On line, healht personal, 2004) :

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(129-128 1991 )

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(S.Jougdar,2000, P19)

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**الغازات الساخنة (les Gaz Chaude)** \*

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**(Le Feu)** \*

**(Les Solides Chauds)** \*

(S.Jougdar,2000, P19)

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(295-277 2001 )

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(S.Joucdar,2000, P19 -20)

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(S.Joucdar,2000, P26 )

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**:(Les Brûlures Profondes)**

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(277 2001 )

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(S.Joucdar,2000, P20 )

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( 278-277 2001 )

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Tableau de ) " " 9

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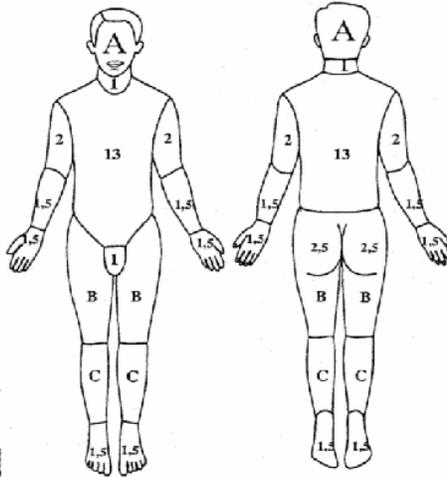
( 278 2001 )

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médecine d'urgence 2003. CTB Percy. H Carsin

## جدول "لاند وبر اودر"

Tableau de Lund et Browder



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(S.Joucdar,2000, P21 )

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%7.28	50	19	31	25 - 21
%7.28	50	26	24	30 - 26
%6.99	48	28	20	35 - 31
%4.81	33	18	15	40 - 36
%3.06	21	09	12	45 - 41
%2.76	19	10	09	50 - 46
%1.89	13	09	04	55 - 51
%1.16	08	01	07	60 - 56
%1.45	10	06	04	65 - 61
%1.74	12	06	05	70 - 66
%0.72	05	01	04	75 - 71
%1.02	07	04	03	80 - 76

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(S.Joucdar,2000, P 19 -24- 46)

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(Michel De Clerq, François Lebigot ,2001 , P145)

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(S.joucdar ,2000,P29-28)

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(Michel De Clerq, François Lebigot ,2001 ,P109/113)

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(S.Joucdar,2000, P46 - 47 )

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# الجانب التطبيقي

الفصل الخامس :

الإجراءات المنهجية :

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21	%27.5	11	%25	10	
40	%47.5	19	%52.5	21	



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Arbitrary Inference

Selective Obstraction

Magnification

Minimization

Personalization

Overgneralization

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( 128/110 1999 )

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( Folkman et Lazarus) 1982 (Rayta)

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1985 ( Suls et Flecher)

1985 1960

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(Le coping évitant ) -1

( Le coping vigilant) : -2

( Lazarus et Folkman ) "

1984" Lazarus et Folkman" :The ways of coping check list:

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( Vitaliano et Al, 1985) :

The ways of coping check list"

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(Paulhan et Al ,1994) :

" Vitaliano et Al"

"Paulhan "

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" Bordeaux " -1

( 329 172) 501

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La résolution de problème -

L' évitement avec pensée positive -  
 Recherche de soutien social -  
 La réévaluation positive -  
 L'auto accusation -

( 1998)

(N=30) (0,58) « Gauthman »  
 (175 1998 )

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18 - 16 - 13 - 6 - 4 - 1] 08 -(1)  
 .[ 27 - 24 -  
 - 10 - 3 ] 05 -(2)  
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8 - 7- 17 - 2] 07 -(3)  
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%1	2.82	11.61	6.31	37.73	10	%27

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11.84 =

108.6

$$6.31 =$$

$$37.73 =$$

$$11.61 =$$

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$$0.01$$

$$2.82 =$$

يعد مفهوم الثبات من المفاهيم الأساسية، التي يجب توافره فيه لكي يكون صالح الاستخدام.

(143 1990 )

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الفصل السادس :

عرض وتحليل نتائج الدراسة :

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	2.02	0.98	8.62	74.66		
			7.40	72.15		

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74.66 =

72.15 =

8.62=

0.98 =

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	2.02	0.93	5.97	25.33		
			3.73	23.84		
		0.11 -	5.94	2.14		
			3.43	21.31		
		0.20 -	4.10	16.19		
			2.94	16.42		
		0.18 -	2.96	14.76		

			3.42	14.94		
		0.27	2.52	11.80		
			2.73	11.57		

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$25.33 =$

$23.84 =$

$0.93 =$

$3.73 =$

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$$= \quad 2.52 = \quad 11.8 =$$

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$$2- 2 \quad 2.02$$

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	2.02	0.74	9.83	74.47		
			6.16	72.57		
			8.06	73.47		

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$$\begin{array}{rcc} & 9.83= & 74.47= \\ 0.74 = & & 6.16 = & 72.57= \\ & 2- 2 & & 2.02 = \\ & & & : \\ & & & .5 \\ & & & : \end{array}$$

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	2.02	0.69	5.41	25.21		
			4.73	24.09		
		0.73 -	4.23	20.63		
			5.40	21.76		
		2.16	3.59	17.52		
			3.21	15.19		

		1.40	3.37	15.57		
			2.85	14.19		
		1.71	2.50	12.42		
			2.55	11.04		

(18)

$4.73 =$

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$0.69 =$

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$0.73 - =$

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$$\begin{array}{r} 15.57= \\ \quad 1.40 = \\ \hline \end{array}$$

$$78=2$$

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$$\begin{array}{r} \quad \quad \quad 2.55 = \\ \quad \quad 2.50= \\ 2- 2 \quad 2.02 = \\ \hline \end{array} \quad \begin{array}{r} \quad \quad \quad 11.40 \\ \quad 12.42= \\ \quad 1.71= \\ \hline \end{array}$$

## الفصل السابع :

مناقشة و تفسير نتائج الدراسة :

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Rosenman et ) "

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(Morris Pttingal , Surtres Dean, 1989)

(Schweitzer, Dantzer, 1994,p108)

(Fontine et Al, 1996 )

(Fontine et Al ,1996, p 68)

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(Beck)" "

(228-227 .1998 )

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( Serbin et al)

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## قائمة المراجع

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(1994) Paulhane et al coping

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